



PATIENT PREP

PLEASE NOTE: Patient preparations are designed to facilitate the capture of the best images possible for the physician interpreting the images. The exams below require a prep. If patients are not prepped, exams may need to be rescheduled.

| Type of Exam | Prep Needed |
|-----------------------------------|--|
| Abdomen Complete/Limited | NPO1* |
| Aorta, Gallbladder, Liver, Spleen | NPO2* |
| Renal (kidneys) | Hydration is recommended (no need for a full bladder). |
| Breast | Bring mammogram report or ensure location of mass is on exam order form. |
| Pelvic/GYN | 32 oz. of water** |

Definitions:

***NPO1:** No eating, drinking, chewing, or smoking after midnight the night before the exam OR a minimum of **8 HOURS** prior to exam. If medically necessary, medications may be taken with a small sip of water.

***NPO2:** No eating, drinking, chewing, or smoking after midnight the night before the exam OR a minimum of **6 HOURS** prior to exam. If medically necessary, medications may be taken with a small sip of water.

****32 oz of water:** Beginning **2 hours** prior to scheduled exam time the patient should start drinking **32 ounces of water (ONLY water)** and they should finish drinking 1 hour prior to exam time. **DO NOT VOID** from the time they begin drinking.

Example: If appointment time is 11am, patient should do the following:
9am – Start drinking water
10am – Finish drinking water
9am-11am – Hold bladder until Technologist lets you empty